



YOUTH WORKER4.0

✉ info@appjuventude.pt

ISEU - PORTUGAL



PROJECT

What is Youth Worker 4.0 ?

The expert group on risks, opportunities and implications of digitalisation for youth, youth work and youth policy, set up by the European Union Work Plan for Youth for 2016-2018, acknowledged that new technologies emerge rapidly. Knowing how technology is built, learning to be critical towards information, and being curious as well as critical towards new technologies is more important every day. Digital literacy skills play a crucial role as part of modern-day citizenship. All young people of today will need technological skills and youth work should be able to encourage this.

Digital work with young people means proactively using digital media and technology as a tool in working with young people.

In this perspective, this project aims to provide digital learning tools to be used in daily work with young people, can contribute to improve our institutional role as professionals.

This project is in line with the objectives of the Erasmus+ program, and in particular in this key action, by training youth workers, members of youth organizations, and other youth actors with the skills and methodologies values for young people, while also preventing their radicalization and exclusion; to equip professionals with the knowledge, skills and attitudes needed to successfully manage and support diversity; to support technicians in developing and sharing effective methods to reach young people with fewer opportunities.

In this sense, APPJUVENTUDE intends to develop this project, in order to create tools so that youth workers can use the digital tools as a way to reach young people and promote their social integration, personal development and improve their employability.

This project includes 6 partner organizations. In the implementation phase of the activity (TC) will be present 4 youth workers from each organization.

During this TC we will work with various tools and applications to try out creative ways to use them with a focus on digital activities. Participants will be invited to discover the concept of digital work with young people and to discuss the current challenges that youth work faces in a digital age.

Objectives

- Sharing experiences and good practices of youth work using digital media
- Develop creative digital activities and digital project ideas for youth work
- Reflect and analyze the transferability of the different tools to the daily life of organizations
- Prepare participants to introduce digital approaches to their work practice with youth
- Building a broader understanding of what an inclusive attitude through ICT means
- To better understand digital approaches to working with youth
- Reflect on the role of youth worker in a digital world
- Understand how the development of digital can influence the employability of young people
- Increase interest in the implementation of Erasmus +, KA1 and KA2 projects as a way of developing life skills, tools for social inclusion and improving young people's skills and attitudes
- To create ideas for future projects under the Erasmus + JA program for the training of youth workers
- To improve the quality of work in youth, in particular by strengthening cooperation between organizations in this sector

Schedule

| 8/05/19 | 9/05/19 | 10/05/19 | 11/05/19 | 12/05/19 | 13/05/19 | 14/05/19 |
|------------------------|--|--|---|--|--|------------|
| Arrivals | Official opening of Course: Presentation, Objectives and Expectations Group dynamic Digital Connection Team Building | Competencies of the Digital Youth Worker Digital Youth Work with Young people with less opportunities | Visits to inspiring good practices: -Fab Lab Aldeias do Xisto -Code Academy -Fundão Business Center (Regiostars Prize) | Digital Youth Tools 1: Tools for involving young people Digital Youth Tools 2: Information for Young People | My future ... What have I learned and how will I implement it Tools and Resources to continue my learning | Departures |
| | Lunch | Lunch | Lunch - CM Fundão | Lunch | Lunch | |
| | Digital Youth Work Partner Countries Challenges of Digital Youth Work in the Partner Countries Moment of evaluation | Digital Youth Work in the job active search Moment of evaluation | Roundtable - The role of the Youth Worker in digital inclusion Current challenges in Schools Analysis of the visits and evaluation of the day | Digital Youth Tools 3: Youth Training Moment of evaluation | Activity CM GAIA Follow Up - Group action plan Evaluation and dissemination | |
| Dinner CM Estarreja | Dinner | Dinner | Dinner | Dinner | Dinner CM Gaia & Sleep | |



Promoter

APPJUVENTUDE - PORTUGAL

Partners

Poland- GMINA DABROWA

Italy - COMUNE DI CINISELLO BALSAMO

Lithuania - NACIONALINE JAUNIMO REIKALU KOORDINATORIU ASOCIACIJA

Greece - DIMOS KARDITSAS



FINANCE

Travel Costs

Value per person

| | |
|-----------|------|
| Portugal | 0€ |
| Poland | 360€ |
| Italy | 275€ |
| Lithuania | 360€ |
| Greece | 360€ |

YOUTH HOSTEL

WHERE SHARING OF
EXPERIENCES, MEETINGS
AND MISMATCHES COME





YOUTH HOSTEL



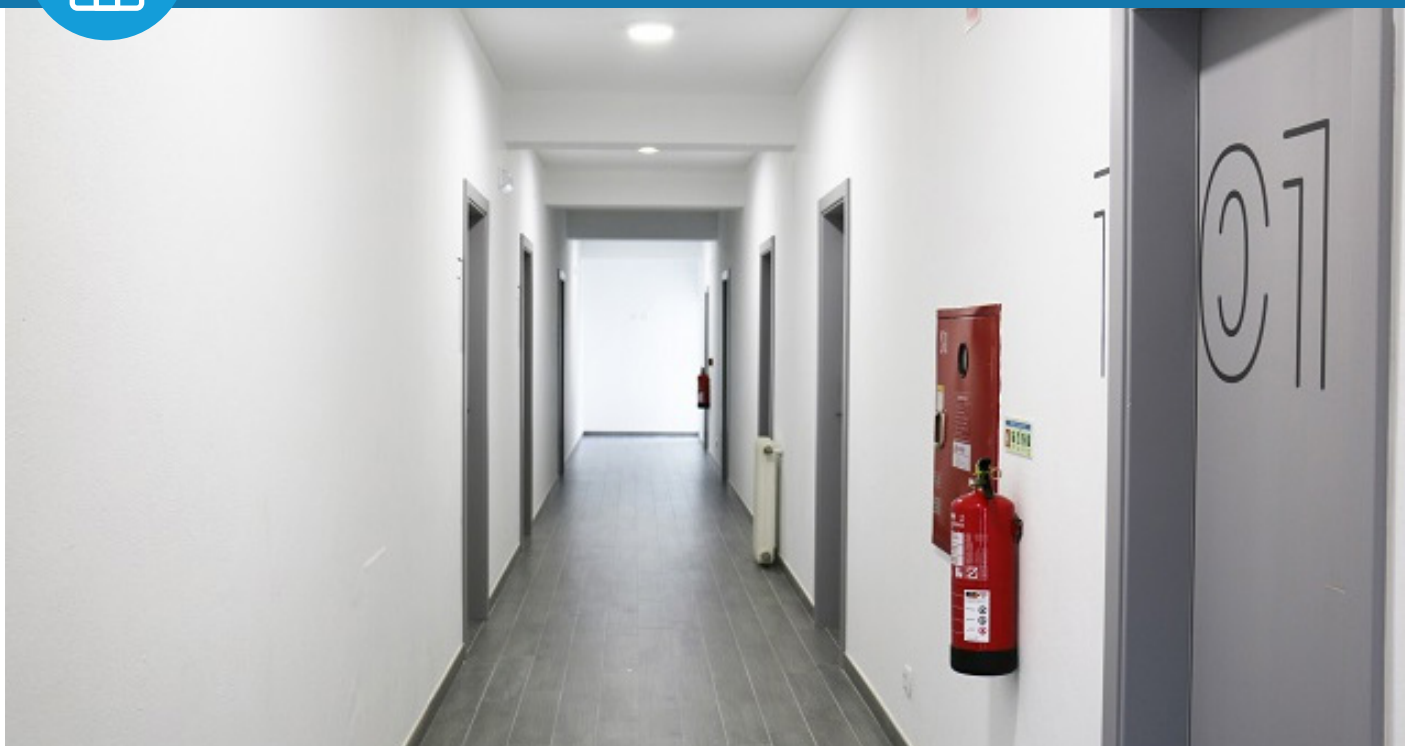
ABOUT

The accommodation, especially aimed at the young people, backpacking and adventurous spirit, benefits from a convivial atmosphere where the sharing of experiences, meetings and mismatches happen as tourists and travellers depart in search of the city and its surroundings.





YOUTH HOSTEL



ROOMS

The Viseu Youth Hostel | Adamastor disposes of a total of 19 rooms, divided in multiple rooms, double rooms, adapted double rooms. The multiple rooms consists of 4 beds and are ideal for groups of friends which will explore the city or those who like to meet new people and new cultures. The wardrobes are equipped with an advanced RFID system that ensures the privacy and the security of the guests.

All rooms include bed linen, bath towel and hand towel.





YOUTH HOSTEL

SALA DE CONVIVENCIA
LIVING ROOM
SALLE DE SÉJOUR

S A L A

VIRII

ATC

LIVING ROOM

The living room is a space that has a 4k tv with digital cable channels, internet is available in all building, outlets and table for computers. Ideal for socializing and meeting new people and various creating stories while having a cup of coffee and enjoying the view on the terrace. You can even surf on the internet, since its available throughout the hostel.



SHOWERS / WC

Both bathrooms (female and male) are provided with two showers/wc for guests that are in the multiple rooms. The showers/wc have hair dryers, individual showers and toilets.

Double rooms are equipped with private bathrooms.





YOUTH HOSTEL



LAUNDRY

With economic prices and work from 10h00 to 23h00 your dirty clothes will not be a problem with our self-service laundry. All guests have at their disposal two washing machines (which you don't need to add products), a dryer machine, an iron and ironing board.

KITCHEN

The Viseu Youth Hostel | Adamastor has a comun kitchen where guests can prepare their meals. Equipped with all the necessary kitchen equipment and utensils, refrigerators, ovens, microwaves, four preparation zones and with personal lockers where you can store your products. It is also here that breakfast is served every morning from 8h00 to 10h00.





MORE INFO

SOME RULES AT THE VISEU YOUTH HOSTEL | ADAMASTOR

It is not accepted to bring any people over night.

It is strictly forbidden to smoke inside.



It is prohibited to display posters or pictures.

There must be **silence** on the surroundings **after 23:00 until 08:00.**



Do not drink alcohol inside.

Lost items that are left in rooms after check out will be removed and **can be picked up at the reception within 48 hours.**

Your room must **always** be **clean** and **organised**



Do not move or remove furniture



EMERGENCY CONTACTS

POLICE / AMBULANCE / FIRE DEPARTMENT ☎ **112**

VISEU HOSPITAL + **351 232 420 500**

VISEU YOUTH HOSTEL | ADAMASTOR + **351 232 413 001**



You receive at check-in, an RFID card that allows them to access the Viseu Youth Hostel - Adamastor, their room, wardrobe and kitchen cabinet. At the end of the stay you must leave at the reception. The loss, damage or non-return of the card has a cost of 20 €.

UISEU

IN BEIRA ALTA, BETWEEN
MOUNTAINS AND FULL GREEN
VALLEYS WE CAN FIND
THE CITY OF VIRIATO AND
VASCO FERNANDES.





UISEU

In Beira Alta, between mountains and fully green valley's we can find the city of Viriato and Vasco Fernandes - Viseu - a city with around 100.000 inhabitants.

This is a joyful city, which welcomes people who live in or visit the heart of Portugal. Upon the visit of this city you will find it has many attributes, but what makes it distinct from other cities is the complete variation of identities and authenticity in each place you will have the pleasure to visit.



Visit our heritage or historic sites, the mysterious Cava of Viriato, enjoy a stroll through the parks and gardens or walk around the historic town centre. Discover the urban in the street art and book your place in one of the creative events on our cultural calendar, which runs all year.

The quality of life that characterises Viseu that charms those who visit us. You'll feel at home, free from the stress of the big city life.

"Bem-haja" means, thank you and all the best, is a typical saying in Viseu, and with that we say our goodbyes and leave you with this invitation to visit "the best city to live in" in Portugal!

"Viseu, the best city to live in"

is a brand and an attitude.



www.turismodocentro.pt
www.cm-viseu.pt
www.visitviseu.pt

SOME PRICES*

*AVERAGE PRICES



PASTRY
1.00€



MEAL
6.50€



1.5L OF WATER
1.20€



COFFEE
0.60€



THINGS TO DO

DISCOVER

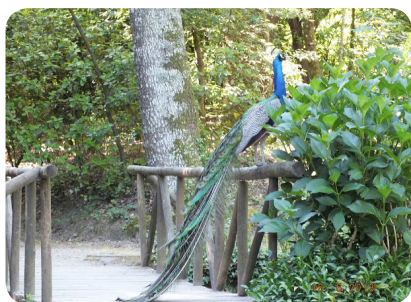


Cava de Viriato is one of the most emblematic engineering works, from the centuries IX-X preserved from the Iberian Peninsula. Many doubts remain about who ordered the rise of such a monument. It's Viseu's biggest mystery yet!

Cava de Viriato is a monument with an octagonal plan, with 32ha of area, and it consists of eight slopes on land with 250m of length each.

On top of the hill, beside the Cathedral, stands the museum of Grão Vasco, it contains a substantial expression of our identity in the realism of the work of Vasco Fernandes, in whose paintings light and colour blend in perfect symbiosis and there is harmony in the ambience, emotions and shapes of faces and care taken with detail.

The museum's collection also includes an important number of works representing Portuguese art history from different periods.



Entering the Renaissance Garden of the Former Bishop's Palace in Fontelo, you step back into the 16th century, to the time when gardens were designed to celebrate Man's rule over Nature.

The most exotic and extravagant garden in Viseu has been built up over centuries, Pick a granite bench to sit down and relax in this idyllic spot. and delight in the diversity of shapes, colours, aromas and maybe see some peacocks walking around the park.

RECURRING EVENTS



If you go to Viseu from the beginning of August until mid-September, you can visit the São Mateus Fair is located in the huge parking near the Viriato Statue.

With over 624 years, this is one of the oldest fairs in Portugal. Here, you'll find local handicrafts, folk music, a funfair, several food stalls, Portuguese and international artists concerts. Over these more or less 30 days of amusement, more than one million visitors go to this fair.

If you go to Viseu from the beginning of July this event. Every year, the Ephemeral Gardens festival jolts Viseu, a serene city in the interior of Portugal. Artists adorn Viseu with modern art and serenade it with contemporary music.

Shops become installation spaces, ancient churches double as music venues, old walls serve as canvases for street art. Every plaza seems to have its own DJ, every garden its own sculpture show. It also has stores, bookshops, restaurants, and bars that stay open until late.

